

We believe reducing harm is possible through non-judgmental outreach sessions, one-on-one counseling, creative and educational workshops, medical and mental healthcare, needle exchange, referrals, and information.

**WE CAN HELP WITH:**

- MEDICAL NEEDS
- APPOINTMENT ACCOMPANIMENT
- HYGIENE SUPPLIES AND LICE TREATMENT
- MENTAL HEALTH SUPPORT SERVICES AND MEDS
- SNACKS
- BASIC NEEDS REFERRALS
- APPLYING FOR PUBLIC BENEFITS
- NEEDLE EXCHANGE & VEIN CARE
- SAFER INJECTION SUPPLIES
- OVERDOSE PREVENTION TRAINING AND NARCAN PRESCRIPTIONS
- GETTING INTO DETOX AND TREATMENT
- REFERRALS FOR HIV AND HEPATITIS TESTING
- METHADONE & SUBOXONE REFERRALS
- APPLYING FOR MEDI-CAL
- PREGNANCY TESTING
- EMPLOYMENT AID REFERRALS
- PET FOOD & CARE
- INFO FOR SERVICE ANIMAL REGISTRATION
- HOUSING REFERRALS
- HOT MEAL & PANTRY REFERRALS
- LEGAL SUPPORT

**Contact HYA and by the following day's Needle Exchange Shift, you can receive:**

- I.D. & BIRTH CERTIFICATE APPLICATIONS
- FOOD BAG
- MAIL FROM OUR PO BOX

**... OR if you just need to talk so someone, that's what we're here for!**

**HYA HOURS:**

**Haight Outreach:** We walk through the Panhandle, the front of Golden Gate Park, through Haight Street to Buena Vista Park

**Castro Outreach:** Starting at Safeway along Market to the Library, over to the Castro MUNI station, and down to Castro & 18<sup>th</sup> St.

**Monday**

OUTREACH: 11 am-12:30pm  
Needle Exchange: 5:30pm - 7:30pm  
Medical Care: 5:30pm - 7:30pm

**Wednesday**

OUTREACH: 11 am-1pm  
Therapy: Maurice 11:30am - 2pm  
Needle Exchange: 5:30pm - 7:30pm  
Medical Care: 5:30pm - 7:30pm

**Thursday**

Castro Outreach: 11 am-1pm  
Haight Outreach: 11 am-1pm  
Therapy: Maurice 11 am - 1pm  
Psychiatrist: Masa 12:45PM - 3pm

**Friday**

GAME GROUP @ LIBRARY 2:30pm-4pm  
(PARK BRANCH LIBRARY 1833 PAGE ST. 1ST FLOOR)

Therapy: Maurice 2pm - 7pm  
Needle Exchange: 5:30pm - 7:30pm  
Medical Care: 5:30pm - 7:30pm

**PARK CLEAN UP:**

LAST WEDNESDAY OF THE MONTH

11:30AM

Donuts & Shirts!  
Call for location!



**HYA**



Our mission is to meet youth where they are at and help them build healthier lives. We strive to work with youth to protect themselves, educate each other, and reduce harm within the community

MARY, DAVID, YEAH YEAH,  
ALANA, ADELIN, KENN,  
MAURICE, ERIN, & ERICK

PHONE (415) 318-6384

FAX (415) 386-8212 Attn: HYA

Mailing Address:  
PO Box 170427  
SF, CA 94117

## HOW TO GET MAIL @ HYA

YOU CAN GET MAIL SENT TO:

**PO BOX 170427,**

**SAN FRANCISCO, CA 94117**

- ➔ You can have your mail sent to our PO BOX.
- ➔ You can call us at 415-318-6384 and ask us to bring your mail to the next outreach shift or to next needle exchange date.
- ➔ Most mail will be kept for 6 months. If you don't pick it up within this time or give us a forwarding address we will return to sender. Packages are returned to sender in 1 month if not claimed.
- ➔ We don't take responsibility for lost or stolen mail.

## HYA MEDICAL SERVICES

**MONDAY WEDNESDAY FRIDAY**

**5:30pm – 7:30pm**

Medical Providers volunteer during our needle exchange. These professionals are able to provide limited free on-site medical care as well as direct referrals to methadone and suboxone programs. Find us upstairs at the Haight Ashbury Free Clinic near the corner of Haight & Clayton @ 558 Clayton St.

## CASE MANAGEMENT

HYA Staff are available to meet with you one on one for lunch, a milkshake, coffee, and/or a visit to talk about what's going on in your life, offer support, and work with you on any potential goals you have.

## HYA MENTAL HEALTH SUPPORT SERVICES

**Therapy: Single Session, Couples & Crisis Intervention**

**Psychiatric Services: Psychological Assessments, Meds, and more!**

Harm reduction therapy offers an alternative to abstinence treatment. The harm reduction method insists that you are not defined by your drug of choice or lifestyle. Come as you are.

### MAURICE BYRD

**OFFERS THERAPY WITH HYA EVERY**

**WEDNESDAY 1 1:30AM TO 2PM**

**THURSDAY 1 11AM TO 1PM**

**FRIDAY 2 2PM TO 7PM**

MAKE AN APPOINTMENT BY CALLING US AT (415) 318-6384 OR HAVE US SIGN YOU UP WHEN YOU SEE US ON OUTREACH!

### DR. MASA FISHER

**OFFERS PSYCHIATRY WITH HYA**

**BY APPT. EVERY THURSDAY  
12:45PM TO 3:00PM**

CALL 415-987-1949 TO MAKE AN APPT.!

**SF**

## Needle Exchange

**MONDAY – WEDNESDAY – FRIDAY**

**5:30pm – 7:30pm**

Obtain clean, sterile supplies. Staff and volunteers are available to talk about using, detox or drug treatment. Medical care is also provided. Find us upstairs at the Haight Ashbury Free Clinic near the corner of Haight & Clayton @ 558 Clayton St.

## SF PHONE NUMBERS:

HYA & SFNE	HAIGHT ASHBURY NEIGHBORHOOD	(415) 318-6384
LARKIN DROP IN	1317 HAIGHT ST.	(415) 522-1377
JAIL	850 BRYANT. ST	(415) 553-1430
COALITION ON HOMELESSNESS	468 TURK ST.	(415) 346-3740
OFFICE OF CITIZEN COMPLAINTS	25 VAN NESS	(415) 241-7711
ANIMAL CARE & CONTROL	1200 15TH ST.	(415) 554-6364
SPCA	2500 16TH ST.	(415) 554-3000
VET SOS VAN	CALL FOR LOCATION	(415) 355-2248
UFO STUDY	387 Golden Gate (Btw Hyde & Larkin)	1-888-823-6884
MNRC	165 CAPP ST.	(415) 869-7977
SF GENERAL HOSPITAL	1001 POTRERO AVENUE	(415) 206-8000
HUCKLEBERRY YOUTH CLINIC	555 COLE ST.	(415) 386-9398
WOMEN'S COMMUNITY CLINIC	1833 FILLMORE ST.	(415) 379-7800
GA OFFICE	1235 MISSION ST. (B/W 8TH & 9TH)	(415) 557-5000
FOOD STAMP OFFICE	1235 MISSION ST. (B/W 8TH & 9TH)	(415) 558-4700
HOMEWARD BOUND	1235 MISSION ST. (B/W 8TH & 9TH)	(415) 553-3475
PRETRIAL DIVERSION (SPR)	1155 10th ST.	(415) 626-4995 (415) 551-0649
PUBLIC DEFENDERS OFFICE	555 7TH ST.	(415) 553-1671
LYRIC	127 Collingwood St	(415) 703-6150
SF LGBT CENTER	1800 MARKET ST	(415)865-5661
DIMENSIONS CLINIC	3850 17 <sup>th</sup> ST	(415) 934-7757
SF HOT TEAM	CALL FOR SERVICES	(415) 355-7401