

WE BELIEVE REDUCING HARM IS POSSIBLE THROUGH NONJUDGMENTAL OUTREACH SESSIONS, ONE ON ONE COUNSELING, CREATIVE AND EDUCATIONAL WORKSHOPS, MEDICAL AND MENTAL HEALTHCARE, NEEDLE EXCHANGE, REFERRALS AND INFORMATION.

**WE CAN HELP WITH :**

- MEDICAL NEEDS
- APPOINTMENT ACCOMPANIMENT
- HYGIENE SUPPLIES & LICE TREATMENT
- MENTAL HEALTH SUPPORT & MEDS
- SNACKS
- BASIC NEEDS REFERRALS
- APPLYING FOR PUBLIC BENEFITS
- NEEDLE EXCHANGE AND VEIN CARE
- SAFER INJECTION SUPPLIES
- OVERDOSE PREVENTION TRAINING & NARCAN PRESCRIPTIONS
- GETTING INTO DETOX AND TREATMENT
- REFERRALS FOR HIV & HEPATITIS TESTING
- METHADONE & SUBOXONE REFERRALS
- APPLYING FOR MEDI-CAL
- PREGNANCY TESTING
- EMPLOYMENT AID REFERRALS
- PET FOOD & CARE
- INFO FOR SERVICE ANIMAL REGISTRATION
- HOUSING REFERRALS
- HOT MEAL & PANTRY INFO
- LEGAL SUPPORT

**CALL HYA AND BY THE FOLLOWING DAY'S NEEDLE EXCHANGE SHIFT YOU CAN**

**RECEIVE:**

- ID & BIRTH CERTIFICATE APPLICATIONS
- FOOD BAG
- MAIL FROM OUR PO BOX

**...OR if you just need to talk to someone, that's what we're here for.**

**PARK CLEAN UP**

LAST WEDNESDAY OF THE MONTH!  
@ NOON  
FREE HYA T-SHIRTS  
\*CALL FOR LOCATION

**HYA WEEKLY SCHEDULE**

(\*DROP-IN THERAPY HOURS)

**MONDAY**

OUTREACH 11AM-2:30PM  
THERAPY 2-4:30, 5:30-7:30PM\*  
NEEDLE EXCHANGE/MEDICAL CARE 5:30-7:30PM

**WEDNESDAY**

OUTREACH 11AM-2:30PM  
THERAPY 2-4:30, 5:30-7:30PM\*  
NEEDLE EXCHANGE/MEDICAL CARE 5:30-7:30PM

**THURSDAY**

OUTREACH (CASTRO & HAIGHT) 11AM-1PM  
THERAPY 2-4:30PM  
PSYCHIATRY 12:45-3PM (DR. MASA)

**FRIDAY**

GROUP @LIBRARY 2:30-4PM (1833 PAGE STREET)  
THERAPY 2-4:30PM, 5:30-7:30PM\*  
NEEDLE EXCHANGE/MEDICAL CARE 5:30-7:30

**SF Needle Exchange**

**Monday, Wednesday, Friday**

**5:30-7:30pm**

GET CLEAN, STERILE SUPPLIES. STAFF ARE AVAILABLE TO TALK ABOUT USING, DETOX OR DRUG TREATMENT. MEDICAL CARE IS ALSO PROVIDED.

**HYA**

OUR MISSION IS TO MEET YOUTH WHERE THEY ARE AT AND HELP THEM BUILD HEALTHIER LIVES. WE STRIVE TO WORK WITH YOUTH TO PROTECT THEMSELVES, EDUCATE EACH OTHER, AND REDUCE HARM WITHIN THE COMMUNITY.



**STAFF**

MARY, KENN, ERIN, ERICK,  
CORRINA, KRYS, ALE, MAURICE,  
JOY, BECK & JAMON

**PHONE (415) 318-6384**

FAX (415) 386-8212

Mailing Address:

PO Box 170427

San Francisco, CA 94117

**HYA MENTAL HEALTH SUPPORT**  
**HARM REDUCTION THERAPY** OFFERS AN ALTERNATIVE TO ABSTINENCE TREATMENT. THE HARM REDUCTION METHOD INSISTS THAT YOU ARE NOT DEFINED BY YOUR DRUG OF CHOICE OR LIFESTYLE. COME AS YOU ARE!

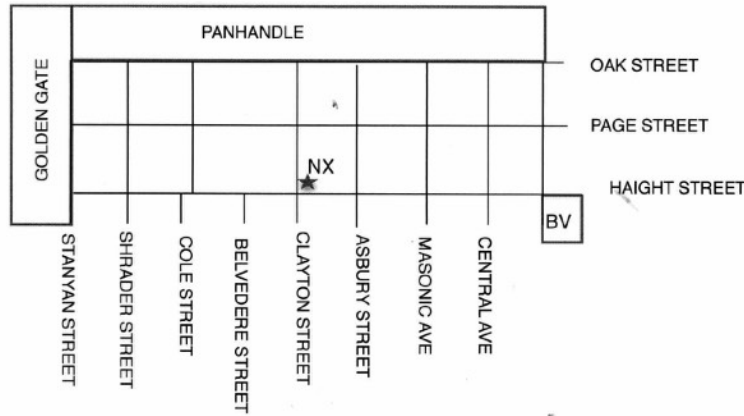
**THERAPY:** OFFERED BY JOY BROWN AND MAURICE BYRD OF THE HARM REDUCTION THERAPY CENTER. SINGLE SESSION, COUPLES & CRISIS INTERVENTION. CALL US TO SCHEDULE AN APPOINTMENT! \*DROP IN HOURS ARE AVAILABLE AT NEEDLE EXCHANGE.

**PSYCHIATRY:** ASSESSMENTS, MEDS, AND MORE! CALL DR. MASA @ 415-987-1949 FOR AN APPOINTMENT

**HYA MEDICAL SERVICES**

**MONDAY WEDNESDAY FRIDAY**  
**5:30-7:30PM**

MEDICAL PROVIDERS VOLUNTEER DURING OUR NEEDLE EXCHANGE. THESE PROFESSIONALS ARE ABLE TO PROVIDE LIMITED FREE ON-SITE MEDICAL CARE AS WELL AS DIRECT REFERRALS TO METHADONE AND SUBOXONE PROGRAMS. FIND US UPSTAIRS AT THE HAIGHT ASHBURY FREE CLINIC NEAR THE CORNER OF HAIGHT & CLAYTON @ 558 HAIGHT STREET.



**CASE MANAGEMENT**

HYA STAFF ARE AVAILABLE TO MEET YOUR ONE ON ONE FOR LUNCH, A MILKSHAKE, OR JUST TO TALK ABOUT WHAT'S GOING ON IN YOUR LIFE, OFFER SUPPORT, AND WORK WITH YOU ON YOUR GOALS. WE CAN HELP YOU GET YOUR DOCUMENTS AND NAVIGATE HOUSING, HEALTHCARE, ETC.

**HOW TO GET MAIL AT HYA**

**You can get mail sent to:**  
**PO BOX 170427**  
**San Francisco, CA 94117**

YOU CAN HAVE YOUR MAIL SENT TO OUR PO BOX, CONTACT US SO WE CAN GET IT TO YOU!  
 CALL US AT 415-318-6384, AKS US TO BRING YOUR MAIL TO OUTREACH OR NEEDLE EXCHANGE. MAIL WILL BE KEPT FOR 6 MONTHS. IF YOU DONT PICK IT UP WITHIN 6 MONTHS WE MUST RETURN IT TO SENDER. PACKAGES ARE SENT BACK IF NOT PICKED UP AFTER 1 MONTH. WE DO NOT TAKE RESPONSIBILITY FOR LOST OR STOLEN MAIL.

**SF PHONE NUMBERS**

<b>YOUTH SERVICES</b>		
LARKIN DROP IN	1317 HAIGHT ST.	415-522-1377
SF LGBT CENTER	1800 MARKET ST	415-865-5661
LYRIC	127 COLLINGWOOD	415-703-6150
DIMENSIONS CLINIC	3850 17TH ST.	415-934-7757
<b>LEGAL SERVICES</b>		
SF JAIL	850 BRYANT ST.	415-553-1430
PRETRIAL DIVERSION	1155 10TH ST.	415-626-4995
COALITION ON HOMELESSNESS	468 TURK ST.	415-346-3740
OFFICE OF CITIZEN COMPLAINTS	25 VAN NESS	415-241-7711
PUBLIC DEFENDERS OFFICE	555 7TH ST.	415-553-3475
<b>HEALTH SERVICES</b>		
SF GENERAL HOSPITAL	1001 POTRERO	415-206-8000
WOMENS COMMUNITY CLINIC	1833 FILLMORE ST.	415-379-7800
<b>GENERAL SERVICES</b>		
HOMEWARD BOUND	1235 MISSION ST.	415-553-3475
SF HOT TEAM	CALL FOR SERVICES	415-355-7401

**Notes:**